

# Global Longevity Federation

GLF 2026  
PROGRAM

March 23–24, 2026  
Rome, Italy



Organized by  
Sciinov Group



[www.longevityfederation.com](http://www.longevityfederation.com)

# Day 1

EVENT  
PROGRAM  
2021

## Keynote Presentations

**09:15 - 09:45**

**Stop Waiting for 'Bad Enough': Rethinking Prevention, Precision, and the Timing of Modern Medicine**

*Dimitris Vichas, Eudai Clinic, United Kingdom*

**09:45 - 10:15**

**Are We Defining New Boundaries on Treatments? From Old Dogmas to New Frontiers in Longevity Medicine**

*Francisco Martinez Peñalver, Chief Medical Officer Tiara Health, Spain*

**10:15 - 10:45**

**The Travel Protocol: How Purposeful Travel Drives Biological Resilience and Intentional Longevity**

*Silvia Triboni, Founder and CEO of Intergen Solutions, Portugal*

## Oral Presentations

**11:00 - 11:20**

**Longevity-Driven Hospitality: pioneering the next era of luxury wellness**

*Luigi Caterino, Co-Founder & CEO The Longevity Suite – Italy*

**11:20 - 11:40**

**Inefficiency in Longevity: The Philosophical and Practical Application of Information Theory, Bayesian Statistics, and Self-Interest to the Longevity Problem.**

*Nolan Shafik, Longevity Biotech Fellow, United States*

**11:40 - 12:00**

**The Future of Healthspan Investing: Current Landscape and Emerging Opportunities in the Precision Economy**

*Ivan Marandola, PRC/IX Capital Fund, United States.*

**12:00 - 12:20**

**Therapeutic Potential of MSC Secretomes Across Distinct Neurodegenerative Pathologies: Evidence from Alzheimer's and Motor Neurone Disease Models**

*Dr. Robert Mitchell, Micregen Ltd, United Kingdom*



# Program Schedule

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**12:20 - 12:40**

**From Fatigue to Fire: A Physician's Blueprint for Male Longevity & Peak Energy**  
*Vytautas Dockus, Longevity Ventures, United Arab Emirates*

**Lunch [12:40 - 13:30]**

## Keynote Presentations

**13:30 - 14:00**

**Transforming Longevity Science into Clinical Practice in the Post-Genomic Era**  
*Vania Assaly, Instituto Assaly, Brazil*

**14:00 - 14:30**

**The New Clinical Leadership in Longevity Medicine: Strategic Training for Physicians in Personalized Health Journeys**  
*Silvia Merhy Lagrotta, Institute Assaly / Take Care BR clinic, Brazil*

**14:30 - 15:00**

**The role of neurodiversity in older people**  
*Marios Kyriazis, National Gerontology Centre, Cyprus*

**15:00 - 15:30**

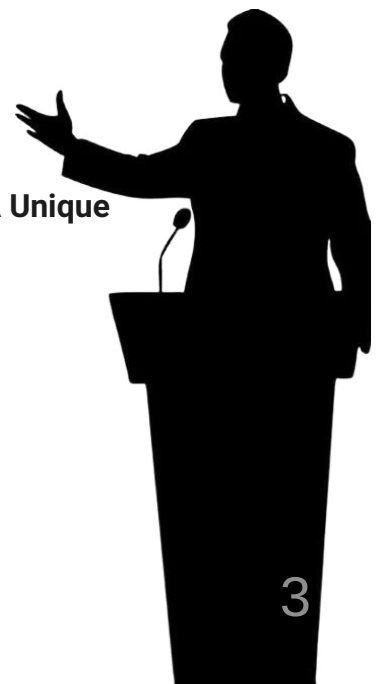
**Unleashing Superhumanity**  
*Leo Nissola, FIRSTBIO Research, United States*

**15:30 - 16:00**

**Endogenous Bioelectric Modulation as a Paradigm Shift in Longevity Medicine: A Unique Technological Approach**  
*Salvatore Rinaldi, Managing Director at Rinaldi Fontani Institute, Italy*

**16:00 - 18:00**

**6 no's \*\*\*Slots Available\*\*\***



# Day 2

EVENT  
PROGRAM  
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## Keynote Presentations

**09:15 - 09:45**

**Harnessing the Hallmarks of Aging to modulate biological and physiological Aging**

*Greg Macpherson, Founder at SRW Laboratories, New Zealand*

**09:45 - 10:15**

**Epigenetic Reprogramming Without Dedifferentiation: In-Vivo Lineage Conversion and Rejuvenation Across the Lifespan**

*Ravi Kumar Chaudhary, Government Institute of Medical Sciences, India*

**10:15 - 10:40**

**Harnessing State-of-the-art Technologies to Protect Against Alzheimer's Disease and Improve Human Longevity**

*Anthony Tsarbopoulos, Professor at the Medical School National & Kapodistrian University of Athens, Greece*

## Oral Presentations

**10:40 - 11:00**

**DEATH PERCEPTION: BIOGERONTOLOCAL PERSPECTIVE**

*Bhaweshwar Singh, LN Mithila University, India*

**11:00 - 11:20**

**Longevity Is Not Gender Neutral - Reframing Strategies to Align with Women's Physiology and Priorities**

*Lore Dikovsky, HEBE Longevity, Israel*

**11:20 - 11:40**

**Musculoskeletal health as one pillar of the longevity concept**

*Zsuzsanna Schmidt, Semmelweis Univ, Dept. Rheumatology Immunology, Hungary*

**11:40 - 12:00**

**Gut microbiome signatures in centenarians: microbial profiles, metabolites, and pathogen-associated molecular patterns as potential modulators of longevity**

*Andreea Nitescu, Vexa Health Ltd, United Kingdom*



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**12:00 - 12:20**

**Beyond Lifespan: Preventive and Holistic Strategies for Healthspan Extension**

*Silvia Candamil Neira, Vice President- Global Initiative on Ageing & Longevity, United Arab Emirates*

**12:20 - 12:40**

**The Representational Challenge for Designing and Managing 5P Medicine Ecosystems**

*Bernd Blobel, University of Regensburg, Germany*

**12:40 - 13:00**

\*\*\*Slot Available\*\*\*

## Keynote Presentations

**13:00 - 13:30**

**Lysosomal Dysfunction as a Central Driver of Age-Related Decline**

*Jon Brudvig, The University of South Dakota Sanford School of Medicine, USA*

**13:30 - 14:00**

**Sexual Wellness from the BioPsychoSocial Approach: A New Frontier in Longevity Medicine**

*Ashley Madsen, LUMARA Collective, Longevity + Biohacking Consultancy, United States*

## Oral Presentations

**14:00 - 14:20**

**Testosterone Augmentation Without Suppression: Clinical Protocols for Optimizing A  
While Preserving Fertility**

*Gabriel Alizaidy, Maximus, United states*

**14:20 - 17:00**

8 no's \*\*\*Slots Available\*\*\*



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Reach out to  
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for abstract submission & for any more  
details

