

# 4th Edition 2026 - Conference Schedule

## Day 1 -

09:15 AM - 09:45 AM

### **1. Keynote: Stop Waiting for 'Bad Enough': Rethinking Prevention, Precision, and the Timing of Modern Medicine**

*Dimitris Vichas, Eudai Clinic, United Kingdom*

09:45 AM - 10:15 AM

### **2. Keynote: Are We Defining New Boundaries on Treatments? From Old Dogmas to New Frontiers in Longevity Medicine**

*Francisco Martinez Peñalver, Chief Medical Officer, Tiara Health, Spain*

10:15 AM - 10:45 AM

### **3. Keynote: The Travel Protocol: How Purposeful Travel Drives Biological Resilience and Intentional Longevity**

*Silvia Triboni, Founder and CEO, Intergen Solutions, Portugal*

10:45 AM - 11:00 AM

### **4. Break**

*Refreshment @Foyer*

11:00 AM - 11:20 AM

### **5. Longevity-Driven Hospitality: pioneering the next era of luxury wellness**

*Luigi Caterino, Co-Founder & CEO, The Longevity Suite, Italy*

11:20 AM - 11:40 AM

### **6. Inefficiency in Longevity: The Philosophical and Practical Application of Information Theory, Bayesian Statistics, and Self-Interest to the Longevity Problem.**

*Nolan Shafik, Longevity Biotech Fellow, USA*

11:40 AM - 12:00 PM

## **7. The Future of Healthspan Investing: Current Landscape and Emerging Opportunities in the Precision Economy**

*Ivan Marandola, PRC/IX Capital Fund, United States.*

12:00 PM - 12:20 PM

## **8. Therapeutic Potential of MSC Secretomes Across Distinct Neurodegenerative Pathologies: Evidence from Alzheimer's and Motor Neurone Disease Models**

*Dr. Robert Mitchell, Microgen Ltd, UK*

12:20 PM - 12:40 PM

## **9. From Fatigue to Fire: A Physician's Blueprint for Male Longevity & Peak Energy**

*Vytautas Dockus, Longevity Ventures, United Arab Emirates*

12:40 PM - 01:30 PM

## **10. Lunch**

@Foyer

01:30 PM - 02:00 PM

## **11. Keynote: Transforming Longevity Science into Clinical Practice in the Post-Genomic Era**

*Vania Assaly, Instituto Assaly, Brazil*

02:00 PM - 02:30 PM

## **12. Keynote: The New Clinical Leadership in Longevity Medicine: Strategic Training for Physicians in Personalized Health Journeys**

*Silvia Merhy Lagrotta, Institute Assaly / Take Care BR Clinic, Brazil*

02:30 PM - 03:00 PM

## **13. Keynote: The role of neurodiversity in older people**

*Marios Kyriazis, National Gerontology Centre, Cyprus*

03:00 PM - 03:30 PM

## **14. Keynote: Unleashing Superhumanity**

*Leo Nissola, FIRSTBIO Research, USA*

03:30 PM - 04:00 PM

## **15. Endogenous Bioelectric Modulation as a Paradigm Shift in Longevity Medicine: A Unique Technological Approach**

*Salvatore Rinaldi, Rinaldi Fontani Institute, Italy*

## **Day 2 -**

09:15 AM - 09:45 AM

## **1. Keynote: Harnessing the Hallmarks of Aging to modulate biological and physiological Aging**

*Greg Macpherson, Founder at SRW Laboratories, New Zealand*

09:45 AM - 10:15 AM

## **2. Keynote: Epigenetic Reprogramming Without Dedifferentiation: In-Vivo Lineage Conversion and Rejuvenation Across the Lifespan**

*Ravi Kumar Chaudhary, Government Institute of Medical Sciences, India*

10:15 AM - 10:40 AM

## **3. Keynote: Harnessing State-of-the-art Technologies to Protect Against Alzheimer's Disease and Improve Human Longevity**

*Anthony Tsarbopoulos, Medical School National & Kapodistrian University of Athens, Greece*

10:40 AM - 11:00 AM

## **4. DEATH PERCEPTION: BIOGERONTOLOCAL PERSPECTIVE**

*Bhaweshwar Singh, LN Mithila University, India*

11:00 AM - 11:20 AM

## **5. Longevity Is Not Gender Neutral - Reframing Strategies to Align with Women's Physiology and Priorities**

*Lore Dikovsky, HEBE Longevity, Israel*

11:20 AM - 11:40 AM

## **6. Musculoskeletal health as one pillar of the longevity concept**

*Zsuzsanna Schmidt, Semmelweis University, Hungary*

11:40 AM - 12:00 PM

## **7. Gut microbiome signatures in centenarians: microbial profiles, metabolites, and pathogen-associated molecular patterns as potential modulators of longevity**

*Andreea Nitescu, Vexa Health Ltd, UK*

12:00 PM - 12:20 PM

## **8. Beyond Lifespan: Preventive and Holistic Strategies for Healthspan Extension**

*Silvia Candamil Neira, Vice President- Global Initiative on Ageing & Longevity, UAE*

12:20 PM - 12:40 PM

## **9. The Representational Challenge for Designing and Managing 5P Medicine Ecosystems**

*Bernd Blobel, University of Regensburg, Germany*

01:00 PM - 01:30 PM

## **10. Keynote: Lysosomal Dysfunction as a Central Driver of Age-Related Decline**

*Jon Brudvig, Sanford School of Medicine, The University of South Dakota, USA*

01:30 PM - 02:00 PM

## **11. Keynote: Sexual Wellness from the BioPsychoSocial Approach: A New Frontier in Longevity Medicine**

*Ashley Madsen, LUMARA Collective, Longevity + Biohacking Consultancy, USA*

02:00 PM - 02:20 PM

## **12. Testosterone Augmentation Without Suppression: Clinical Protocols for Optimizing Androgens While Preserving Fertility**

*Gabriel Alizaidy, Maximus, USA*

**Day 3 -**